



# The Wolhurst Gazebo



APRIL 2016

*"The friendliest place in the heart of Colorado"*

## YOUR 9HealthFair GUIDE MARK YOUR CALENDARS

On Saturday, April 23rd, the Wolhurst 9Health Fair will be held at the Wolhurst Clubhouse. The Fair will run from 7:00 a.m. to 12:00 p.m.

Colorado Golf & Turf has donated the use of several golf carts to transport residents to and from the clubhouse. The Wolhurst Men's Club will pick you up at your home and take you to the Fair. When you are finished, they will take you back home. To arrange pick-up, call the office to arrange the pick-up time. As an added bonus for our residents, Colorado Golf & Turf will set up a demonstration and repair service in the west parking lot. Cart inspection is free. However, should your golf cart require any repairs, the cost will be at the Wolhurst discounted rate.

Both parking lots by the clubhouse will be closed starting Friday afternoon and will be reopened Saturday afternoon. Any overflow parking will be in the open area on the north side of the entrance. Transportation to and from the clubhouse will be available if needed.

Participants will enter through the double doors on the south side of the clubhouse. At the door, residents Marjorie Grant, Berta Perkins, and Kathy Miller will welcome you to the Fair and provide important information on what to do. Additionally, you will receive a map to follow thru the clubhouse. At any time you need assistance, just ask any volunteer, and they will provide immediate help.

By the way, the Littleton Fire Department will be in the east parking lot. It is very simple to participate in our fair: Just follow the signs:

<u>Station #</u>	<u>Procedure</u>	
1	Welcome & Station Maps	
2	Registration/and Pre-registration Check-In Residents: Barbara Peterson, Dene Carter & Lorraine Demerest	
3	Form handout (Complete all yellow sections) Residents: Faye Erdman and Jodi Lyndrup	
4	Colon Cancer Check Resident: Dora Zambrano	
5	Form check Residents: Renee White and Betty Juul	
6	Cashier and Sure-Fit kits Residents: Elaine Cummins, Joan Kunesch, Gail Marsh, & Keith Bonetti	
7	Foot Check	
8	Height / Weight / BMI Resident Judi Loomis	
9	Body in Balance	
10	Phlebotomy (Blood draws)	
	Blood Chemistry	\$35.00
	PSA (Men Only)	\$30.00
	Vitamin D	\$45.00
	Blood Cell Count	\$20.00
	Hemoglobin A1c	\$30.00
	Colon Cancer Screening Kit	\$25.00
11	First Aid	

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- 12 Nourishment  
Residents: Lynn and Frank Varner, Sue Humphries, Ed Weidner, and Betty Wilman
- 13 Blood Pressure / Pulse
- 14 Ask a Medical Question
- 15 Checkout and Survey  
Residents: Vera Igou and Jean Okerman

**Other Wolhurst Volunteers:**

- Site Coordinator: Lon Loomis
- Site Non-Medical Supervisor Red Janusch
- Equipment & Supplies Coordinator Mike Drake
- Laboratory Equipment & Supplies Coordinator Judi Loomis
- Publicity Coordinator Gari Reed
- Food Coordinator Lynn Varner
- Wolhurst Men's and Women's Clubs

Do not feel obligated to purchase any of the blood tests. Everything is totally voluntary or free. However, I do have a few vouchers for a free blood chemistry test. Contact the office for further details.

**REMEMBER:** 1.Contact the office for golf cart pick-up.  
2. Possible free blood chemistry blood test available for a few Wolhurst residents.

**BE SURE TO THANK ALL THE MEDICAL PEOPLE. THEY ARE VOLUNTEERING THEIR TIME AND TALENTS.**

**DON'T FORGET TO THANK ALL OF WOLHURST'S RESIDENTS ALSO.**



**From the  
Manager  
Lon Loomis**

**303-795-0777 Email [wolhurst@gmail.com](mailto:wolhurst@gmail.com)**

**SPEEDING:** A few people are starting to speed thru the community again. Slow down!!!!

**PARKING:** Just a reminder, there is no overnight parking on the streets.

**SPRING IS COMING:** Start planning for your spring clean-up. I will be inspecting our community in the very near future and leaving notes on your door.

**DID YOU NOTICE??** The clean-up on the east side of our community is almost completed. All that remains is to spray the entire area with vegetation killer. In the spring of 2017, we will be planting prairie grass and wildflowers. The entire area will be kept clean at all times.

**Wolhurst Homeowners Association  
(WHOA)  
2016 OFFICERS**

- President.....Mo Moulton**
- Vice President.....Bob Moulton**
- Secretary.....Caroll Issac**
- Treasurer.....Dan Gohr**
- Directors: Dee Espinoza, Red Janusch, John Issac, Carol Polcaro, Gari Reed and Bobbi Shimpa**

Hi ya all!! Well Spring is here upon us an it is time to clean up our yards and start planting our pretty stuff. Well that is a good thing cause Chris from O'Tooles will be here for the **Monday, April 11th General Meeting** to help us plan plantings for our yards and gardens. He will also be giving out free stuff after the meeting so make sure you are at the meeting. SEE YOU THERE!!!

Also the WHOA board is planning on have a fun event and some awesome raffles sometime this summer so watch the white board and *The Gazebo* for details. We will have more details after next months board meeting.

As always if you have a complaint or suggestion please feel free to put it in the locked suggestion box located in the free room in the club house. All complaints and suggestions will be considered but remember they MUST be signed to be considered, and they are confidential.

HOPE TO SEE YOU ALL AT THE QUARTERLY WHOA MEETING.

*Until next month stay Healthy, Happy and Safe!!*

**~Mo Moulton, President**

*LeeAnn's Cleaning Service*



**NEED THINGS DONE?  
HAVE NO TIME?**

**CALL LEEANN AT  
720-935-0938**

*I have references*

**WOLHURST WOMEN'S CLUB  
2016 OFFICERS**

**President.....Bobbi Shimpa**  
**Vice President.....Gari Reed**  
**Secretary.....Betty Juul**  
**Treasurer.....Renee White**

I hope you all are recovered from our rambunctious dice game that had us dancing, singing, and tootling. At least no one was actually hit by flying dice, although one came close to bonking someone in the head once or twice! Thank you Betty Juul for the idea and the dice. It was a lot of laughs!

More thank-you's are in order:

- 1) To those of you who gave so generously to our animal friends in need. There is a very special Thank You to Betty Juul's daughter, Susan, who went above and beyond by filling up my car with dog food, cat food, cat litter, and with that and all the other donations of old clean towels, (including a donation from Sandra, at the Dollar Tree of two bags of towels) rugs, and toys. My car was filled in the back seat from floor to top and my passenger seat was the same way. The Platte Canyon Rescue was in awe as they kept pulling the goodies from my car and were very grateful! It was an awesome sight and overwhelmed my heart. ~Gari Reed
- 2) To those of you who have signed up to help with the April 9th Health Fair. I am proud to be a part of such a generous and giving ladies group.
- 3) A big THANK YOU to Jodie Lyndrup, Sue Humphries, and Patti Dolberg who have accepted nominations as next year's officers.

**UPCOMING EVENTS:**

- **APRIL MEETING WILL BE ON THE 7th** - The theme is Spring. Remember to bring finger sandwiches.
  - Agenda items will include officer nominations for next September through August 2017. We still need to nominate someone for Vice President.
  - Our teen "Who's who?" pictures will be identified, so remember to try to figure it out before the meeting.
  - As usual, we will conduct the raffle, and collect donations for The Fisher House.

- **MAY 21st FUNDRAISING AUCTION:** 1:00 viewing of items, 2:00 auction with our in-house auctioneer, Dave Nelson. We are looking for donations of almost-like-new items, new items, certificates, services, and baked goods to auction off. Please request donations from businesses that you frequent, such as gift certificates or items from hairdressers, restaurants, etc. You may also donate your own service such as cleaning, cooking a meal, or dog walking. All items should be delivered to the

clubhouse early on Friday, May 20th for inventorying and preparation for the event. If you want to bring items earlier, contact an officer - we have some locked storage available.

*Staying young by having fun!!*  
~Bobbi Shimpa, President

**WOLHURST MEN'S CLUB  
2016 OFFICERS**

**President.....Dave Nelson**  
**Vice President.....John Isaac**  
**Secretary.....Red Janusch**  
**Treasurer.....Dan Gohr**

The Men's Club met March 2nd with some pretty intelligent and high-level brain-storming including:

- How to fill the 3 open spots on the June 20-23 fishing trip? All it takes is for any male fisherman in the park (men's club member or not) to contact Red Janusch with the \$100 deposit and you could help solve that problem and make the other 9 participants feel threatened.
- What to have the park apply for with a possible \$10,000 Littleton City grant raised more discussion. Ideas that benefit all park residents can be submitted.

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- **Commercial**
- **Home**
- **Auto**
- **Life/Retirement Ideas**

Office of Gary Wright  
Sandra New  
6021 S. Syracuse Way, Ste. 304  
Greenwood Village, CO 80111-4748  
303-771-4075 (Office)  
303-771-7946 (Fax)

sandra.gwright@farmersagency.com  
<http://www.farmersagent.com/gwright>



## MEN'S CLUB Continued from page 3

ted to any Men's Club officer for consideration.

- How to help the Women's Club solicit items for the May 21st live auction was also a topic of discussion.

Club members' were also briefed on the need for additional volunteers for the 9NEWS Health Fair. On that same day, those folks with golf carts will have the opportunity to have their golf carts checked out with a major maintenance discount given by a golf cart company that will also have carts available for shuttling park residents to the Health Fair.

With Spring showing promise, the parks docks will be checked for possible needed repairs as well as a new coat of paint.

Bill Anema was recognized for his contribution of an iron griddle for the kitchen stove. Much appreciated Bill! (Especially by those who love pancakes!)

The new member BARGAIN is about to expire after May 31st. If you were not a member last year, you may sign up for half-price (\$2.50 instead of \$5). Ask Keith Bonetti who paid his discounted membership dues and doubled his money by winning the monthly cash drawing the very next meeting. Way to go Keith!!!!

Again, we'd love to have you associate with a group that **"Makes Things Happen!"**

~Red Janusch, Secretary

## PHONE DIRECTORY CHANGES

### DELETE

#21 John and Connie Galasso  
#218 Lora Stevens  
#49 Carol Stephens

### ADD

#21 Brad Cummins 303-591-0509  
#72 Pam Wiederkehr 719-351-7646  
#65 Polly Oliner 720-588-7593  
#169 Mable Broncucio

## **WOLHURST GARDEN GUIDELINES SPRING 2016**

The Community Garden Plot area adjacent to the club house is to be used by the residents for gardening purposes exclusively.

All previous gardeners will have the priority of renewal of the plot(s). These reserved plots are for their use only and in the event the gardener does not elect to use the plot, it will revert to the community garden for use by newcomer gardeners. **All pre-**

**vious gardeners have from April 1 through April 10 to renew their plots.**

**It is the responsibility of the gardeners to keep WEEDS under control or you will lose your plot. Your neighbors want vegetables not your weeds.**

After April 10 all unclaimed garden spaces may be chosen by the newcomer gardeners. PLEASE SIGN YOUR NAME AND PLOT NUMBER IN THE GARDEN SPACE YOU WISH TO WORK.

Any questions, give Colenda Brown #224 303-656-3436 a call.

## **FIRE EXTINGUISHERS**

A portable fire extinguisher can save lives and property by putting out a small fire or containing it until the fire department arrives, but portable extinguishers have limitations. Because fire grows and spreads so rapidly, the number one priority for residents is to get out safely.

### **Safety tips**

- Use a portable fire extinguisher when the fire is confined to a small area, such as a wastebasket, and is not growing; everyone has exited the building; the fire department has been called or is being called; and the room is not filled with smoke.

- To operate a fire extinguisher, remember the word PASS:

- Pull the pin. Hold the extinguisher with the nozzle

- pointing away from you, and release the locking mechanism.

- Aim low. Point the extinguisher at the base of the fire.

- Squeeze the lever slowly and evenly.

- Sweep the nozzle from side-to-side.

- For the home, select a multi-purpose extinguisher (can be used on all types of home fires) that is large enough to put out a small fire, but not so heavy as to be difficult to handle.

- Choose a fire extinguisher that carries the label of an independent testing laboratory.

**PICK "THE LEMONS"**



#328 Wolhurst  
Mobile Homes

Irene Lemons  
720-202-4568

Jim Lemons  
720-202-4569

[jim@LemonsLanding.com](mailto:jim@LemonsLanding.com)  
FAX 720-242-7059





# In Loving Memory

Robert Ryan #152  
Lora Stevens #218



# HAPPY BIRTHDAY

- April 02 - Janet Berti
- April 03 - Kathi Crenner
- April 04 - Bob Reynolds
- April 07 - Sylvia Burnside
- April 07 - Raymond Sartain
- April 09 - Tina Osenga
- April 12 - Robert Martinel
- April 13 - Jeanette Yanke
- April 14 - Nancy Foster
- April 14 - Mary Turner
- April 16 - Hallie Cornforth
- April 16 - Ruby Elm
- April 16 - Cynthia Palmer
- April 16 - Libby Ritchie
- April 17 - Arnold Espinoza
- April 17 - Norma Morris
- April 19 - Glen Edge
- April 19 - Judy Michael
- April 19 - Larry Whalen
- April 20 - Frank Varner
- April 21 - Sandra Spahn
- April 22 - Steven Olsen
- April 22 - Bob Powell
- April 25 - Julie Anderson
- April 27 - Joe Ostrowski
- April 28 - Mo Moulton
- April 29 - Michael Flinn
- April 29 - Sharon Fosdick
- April 29 - Joe Ostrowski
- April 30 - Rick Baker



# Happy Anniversary

April 14 - Frank and Lynn Varner

## SPECIAL NOTE

It's that time of year when we start thinking about cleaning up and fixing up. But who do we hire for the things we can't do? Before hiring anyone check with [www.colorado.gov/dora](http://www.colorado.gov/dora) or call 303-894-7855 or 1-800-886-7675.

## CLASSIFIEDS

**WANTED** - The Monday Bridge Group welcomes new players. Our Thursday group will help you "brush up" on your skills. Call Jodie at 303-795-0339 #153 for more info.

### PRESSURE WASH

- General Cleaning
- Prep for Painting
- Driveways
- Gutters

• 10 Years Experience • References on request • Call for free estimate  
Keith 720-434-3909

**FOR SALE** -- Glass Top Dining Set with 4 chairs and 2 matching counter bar stools \$150 or best offer -- Cloth Recliner Sofa in good condition \$150 or best offer -- Leather Reclining Sofa in excellent condition \$200. Pictures available at mailbox community board. Call Rod or Bobbi Shimpa at 303 979.8542.

**"HEAVEN SCENT"** Scented Oils and Burners available. Great gift Idea! Kerry Cordova at 303-704-0412.

**WHAT TO DO WITH OLD AMERICAN FLAGS?** Take them to Dee Espinosa #116 and she will see that they are properly destroyed. Thank you.

**IN NEED OF A NOTARY?** Call Patti 303-795-1350 (resident).

### WOULD YOU LIKE HELP SELLING YOUR MOBILE HOME?

LET R@D SALES GIVE YOU THE HELP YOU NEED.  
CALL RED AT 303-794-4925 OR DAN AT 303-794-4494  
YOU WILL BE PLEASED WITH OUR EXPERT SERVICE.

### "LET ME SELL YOUR MOBILE HOME" IN WOLHURST PARK

• 25 Years Experience  
• Reasonable rates  
Call Irene Lemons 720-202-4568 • Wolhurst #328

### In Park Services: *by George*

- Computer Help • Photography
- Guitar, and/or Bass Guitar Instructions
- Swamp Coolers ~ Spring Prep for Summer
- ~ Fall prep for winter

Call George at 303-386-6908 or email [george@wolhurst.com](mailto:george@wolhurst.com)

# APRIL 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<b>1</b>  <b>APRIL FOOLS' DAY</b> Exercise 10 a.m Canasta 6 p.m.	<b>2</b> TOPS 9:00 a.m.  Musical Get Together and Jam 6 p.m.
					<b>SATURDAY 23</b> <b>7:00 A.M.</b> <b>UNTIL</b> <b>12:00 NOON</b>	
<b>3</b>	<b>4</b> Exercise 10 a.m.  Bridge 12:30 p.m.	<b>5 TRASH DAY</b> Jam Session 10 a.m. Craft Group 1 p.m.  Pinochle 6 p.m.	<b>6</b> Exercise 10 a.m. Bible Fellowship 11a.m. Line Dancing 3:30p.m. <b>MEN'S CLUB 7 p.m.</b>	<b>7</b> <b>WOMEN'S CLUB</b> 11:30 a.m.. Bridge 1 p.m.  Pinochle 6 p.m.	<b>8</b>  Exercise 10 a.m.  Canasta 6 p.m.	<b>9</b> TOPS 9:00 a.m.  Musical Get Together and Jam 6 p.m.
<b>10</b>	<b>11</b> Exercise 10 a.m.  Bridge 12:30 p.m. <b>WHOA General Meeting 7 p.m.</b>	<b>12 TRASH DAY</b> <b>VISITING NURSES</b> Jam Session 10 a.m. Craft Group 1 p.m. <b>BINGO 2 p.m.</b> Pinochle 6 p.m.	<b>13</b> Exercise 10 a.m. Bible Fellowship 11a.m. Line Dancing 3:30p.m.	<b>14</b>  Bridge 1 p.m. Pinochle 6 p.m.	<b>15 GAZEBO DEADLINE</b> Exercise 10 a.m.  <b>Bunco 6 p.m. (5:45)</b> Canasta 6 p.m.	<b>16</b> TOPS 9:00 a.m.  Musical Get Together and Jam 6 p.m.
<b>17</b>	<b>18</b> Exercise 10 a.m.  Bridge 12:30 p.m. <b>CSFP FOOD BOX 1:00 P.M.</b>	<b>19 TRASH DAY</b> Jam Session 10 a.m.  Craft Group 1 p.m. Pinochle 6 p.m.	<b>20</b> Exercise 10 a.m. Bible Fellowship 11a.m. Line Dancing 3:30p.m.	<b>21</b>  Bridge 1 p.m.  Pinochle 6 p.m.	<b>22</b>  Exercise 10 a.m.  Canasta 6 p.m.	<b>23</b>  7 a.m. - 12 NOON  Musical Get Together and Jam 6 p.m.
<b>24</b>	<b>25 BLOCK CAPTAINS MEETING 9:30 A.M.</b> Exercise 10 a.m.  Bridge 12:30 p.m.	<b>26 TRASH DAY</b> Jam Session 10 a.m. Craft Group 1 p.m. <b>BINGO 2 p.m.</b> Pinochle 6 p.m.	<b>27</b> Exercise 10 a.m. Bible Fellowship 11a.m. Line Dancing 3:30p.m. Poker 7 p.m.	<b>28</b>  Bridge 1 p.m.  Pinochle 6 p.m.	<b>29</b>  Exercise 10 a.m.  Canasta 6 p.m.	<b>30</b> TOPS 9:00 a.m.  Musical Get Together and Jam 6 p.m.